

# Women's Rehabilitation Centre (WOREC)



WOREC

## ABOUT US

WOREC is a national NGO established in 1991 that diligently and comprehensively works to prevent violence against women and girls, address its causes and consequences, and ensure economic, social and cultural well-being of women and girls as well as other marginalized groups by promoting their access to rights and social justice.

Being an organization guided by feminist values, WOREC believes that empowering women and girls to have control over their body, sexuality and reproduction/production is a key to enable women to exercise their rights. To achieve this, WOREC has been working on women's sexual and reproductive rights since its establishment. Initiating the concept of barefoot gynecologist based on 'Our Bodies, Ourselves', developing manuals to facilitate grassroots women to understand their body, body politics and outcomes have always been WOREC's major areas of intervention. Addressing women's life needs integrated, multi-sectorial and multi-cultural interventions, WOREC has been practicing integrated, programmatic approach in its work. Community-based women health and counseling centers, model farms based on bio-intensive farming concepts, engagement with women and other community groups for political participation and equal representations are some of the exemplary works of WOREC. In the last 32 years of work, WOREC has been successful to establish survivors-led powerful organizations, networks, that plays the role of catalyst to change different national policies such as policy against trafficking, national policy to address uterine prolapse, law to facilitate safe abortion, domestic violence law, integrated pest management, organic farming, property right and several other progressive policies on women's right.





## VISION

A society where feminist aspirations are met.

## MISSION

Promote women's human rights and end all forms of structural discriminations through collective actions.

## GOAL

Strategically, to achieve above vision and to materialize the mission, WOREC sets following objectives and strategic goals for the period of 2023-2027:

1. Empowered community based self-representative Women's Rights Organization (WRO) and survivors' group to claim their rights to live with dignity without any forms of discrimination in an ecologically just society.
2. Resilient frontline WHRDs and survivors' network to continuing their work for equality, proper reparation and freedom from all forms of discrimination in a sustainable way.
3. Strong women's right movement led by young women leaders for women's right to bodily integrity, right to work and workers' rights along with identity as equal citizen.

## STRATEGIC OBJECTIVE

1. To amplify voices of diverse women and trans right activists for equality at all spheres in general and for women's right to work and get treated as workers, rights to health and right to live with dignity and respect in particular without any forms of discrimination.
2. To establish and strengthen WOREC as a feminist resource center for social movements.
3. To strengthen/support women affected by conflict for their rights to justice and just redressal
4. To advocate for state compliance on CEDAW, ESCR, UPR and goal 5, 3, 8, 10 and 16 of SDG.
5. To strengthen women's movement by creating enabling environment for frontline WHRDs to get organized and holistic security support.
6. To advocate for ecological justice and women's leadership to manage humanitarian crisis.
7. To strengthen institutional capacity of WOREC to be self-reliant and led by youth.

## Theory of Change

Facilitation  
to Capacity  
Enhancement

Enhancing access of  
women to internal and  
external resources

Women's and Girls'  
Collective

Movement Building  
and Cooperation

Proliferate  
environment to enjoy  
voices and choices

## OUR PROGRAMS

Capacitybuilding, knowledge management, internal resource development, creating an enabling environment for women and girls structurally left behind at the community level, and coordination efforts can empower them to become change agents. This can lead to accountable governmental bodies, change in discriminatory values and behavior in the society towards women, sexual and gender minorities from the community level and the establishment of a socio-political and economically transformed society through change in unequal power relations and aligning to WOREC's vision.

# THEMATIC AREA OF THE ORGANIZATION

## Sub themes

- Violence against women: Causes and consequences
- Struggle against inequality
- Person on Move
- Social security for women's rights

## Human Rights and Social Justice (HRSJ)

## Sub themes

- Ecological Justice, livelihood and human mobility
- Physical integrity and Sexual & Reproductive health
- Transformative leadership for transformation
- Strengthening women's leadership during humanitarian crisis (SNEHA)

## Ecological Justice and Women's Leadership (EJL)

## Sub themes

- Research and evidence building
- Documentation and database
- Publication
- Digital media engagement
- Dissemination of information and communication

## Knowledge, Management and Communication

## Sub themes

- ESurvivors centered safe house management
- Accessible hot-line
- Mental health and Psychosocial Care and support
- Survivor Centric Legal Support and Care

## Quality Care





## OUR NETWORKS

WOREC is a founder of various national networks like Alliance against Trafficking of Women and Children (AATWIN) and National Alliance of Women Human Rights Defenders (NAWHRD). We also work actively with many other national and international networks and coalitions around the world.

### National Networks

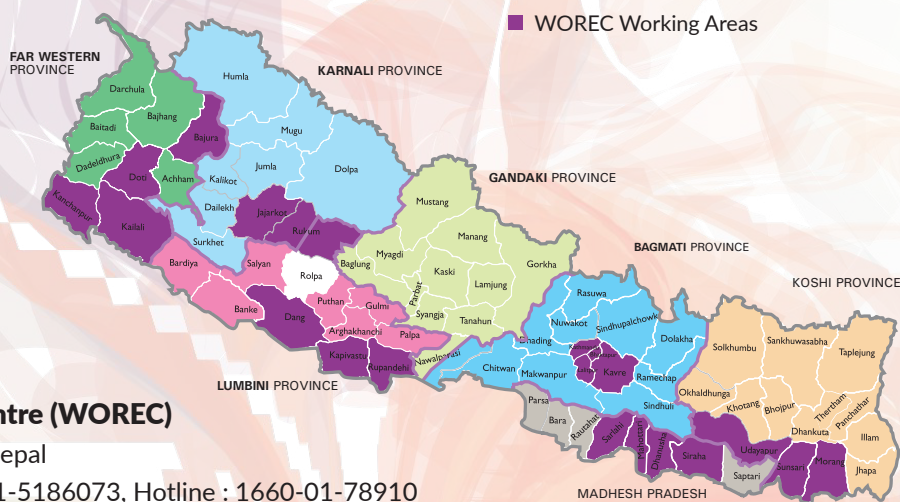
- Human Rights Alliance (Alliance Nepal)
- Alliance Against Trafficking of Women and Children (AATWIN)
- National Alliance of Women Human Rights Defenders (NAWHRD)
- Human Rights Treaty Monitoring Coordination Committee (HRTMCC)
- National Network for Safe Migration (NNSM)
- NGO Federation Nepal
- Alliance for Human Rights and Social Justice (HRSJ Alliance)
- Right to Food Network
- Nepal SDGs Forum
- Children As Zones of Peace-National Campaign (CZOP)

### International Networks

- Global Alliance Against Traffic in Women (GAATW)
- Migrant Forum in Asia (MFA)
- Asia Pacific Forum for Women, Law and Development (APWLD)
- Women Human Rights Defenders International Coalition (WHRD-IC)
- Association for Human Rights in Development (AWID)
- ESCR-Net
- Women Major Group (SDGs)
- Isis-WICCE
- Women 2030
- Asia Pacific Alliance for Sexual and Reproductive Health and Rights (APA SRHR)
- Forum Asia (FA)
- Girls not bride (GNB)
- Asia Pacific Refugee rights Network (APRRN)
- Asia Pacific Alliance (APA)
- Fossil Fuel Treaty Network

## WHERE WE WORK

At present, WOREC has its presence in 21 districts of Nepal. However, in coordination with Women Human Rights Defenders Network, WOREC has been working for the people throughout the country.



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